

Why does my family need Prayer Space at home?

By creating a Prayer Space at home everyone is reminded that prayer is an important part of everyday life...That you can pray anywhere, not just in church. Plus have a Prayer Space at home reminds us of God's presence at all times.

But we don't have a lot room.

A Prayer Space can be as simple as the end of a dining room table, an end table beside the couch, or a shelf on the wall. All you would need is a cross, candle and a bible. Just a little something to remind you to say a little prayer.

Other small spaces could be the refrigerator, bulletin board, or the bathroom mirror! You can pin up prayer cards, post notes with inspirational quotes, petitions, etc.

You could have your Prayer Space outside...being outdoors is refreshing and helps you to relax. Maybe you have a little room on your porch for a small table and chair? What about a bench or chair under a shade tree in the backyard?

Bedroom

If you pray before going to sleep, your bedroom can be your Prayer Space. Maybe have a few prayer cards, a special prayer book, or a rosary on your night stand. You could also purchase a small statue of the Blessed Virgin Mary, Jesus or a saint that you have a special devotion to.

Space you probably haven't thought of...

Kitchen Sink...Hand-washing dishes could be a sweet time for prayer. While cleaning the dishes you can clean out your heart.

The car...when you are stopped at a stop light...it's a great time to say a quick prayer giving thanks for all that you have and petition for something...say a quick prayer for a person in need.

While mowing the lawn...the lawn mower blocks out other sounds, which can give you space to pray. You can enter a peaceful prayer room in your mind.

We all need to recognize those special locations as a call to prayer. Growing in prayer helps us all have that special relationship with Christ.

Questions for Reflection

- ⇒ Where is your most unusual prayer place?
- ⇒ What time of day is best for regular prayer in your busy life?
- ⇒ How will your faith grow from regular visits to multiple prayer spaces?

Post a picture of your Prayer Space